

Can Oral Bacteria Cause Colon Cancer?



Scientists say “yes”, as they piece together the role of oral bacteria in colon cancer cases.

Fusobacterium nucleatum is one of the most abundant bacterial species in the oral cavity and an established periodontal pathogen. It is not a common species found in the gut. Yet it is now found to be present in up to half of all colon cancer tumors.

One possible explanation is inflammation caused by the bacteria mentioned above.

Good oral hygiene can help reduce the risk of colon cancer or any cancer but it is well-established that good oral hygiene contributes to good oral health and thus less periodontal pathogens.

Brushing your teeth is not enough. Periodontal pathogens hide between teeth and deep below the gum line. Proper hygiene appointments may help you keep your mouth (and your colon) in tip top shape. Your hygienist will look closely at the state of your periodontal health. This includes checking your gums and the other tissues surrounding your teeth for inflammation or bleeding. While at our office, ask us about **Ozone Therapy**, which proves to be a powerful tool against oral bacteria!



Dr. Ilona Fotek

Always looking for natural ways to keep you healthy



The information provided is not intended as medical or dental advice and should not be interpreted as such. The intent is to provide as much scientific information as possible on different dental materials and aspects of dentistry where controversy exists and scientific clarification would be of benefit to patients, staff, dentists, physicians and scientists in making informed judgements. If you seek medical or dental advice, please consult with a health care professional. You must always exercise your own best judgement when using the services of any health care practitioner.