



# WHY IS IT IMPORTANT?



Science has forever focused on the BRAIN as the primary source to addressing mental wellness problems & answers.

We've been relying highly on antidepressants and other forms of serotonin reuptake inhibitors (SSRIs) to resolve these issues.

There has been a massive scientific shift towards the MICROBIOME, also known as our gut and second brain, as being the source to addressing mental wellness issues.

The microbiome plays an important role in the way you feel mentally & physically. This explains why you have those "GUT FEELINGS". It communicates with the brain to regulate health, weight, immune function, digestive function, mood, and overall mental health. What we put in our bodies affects the microbiome, which in turn affects our mind and other crucial bodily systems.

Our "two brains" – an actual brain and the gut communicate through a highly extensive, multi-directional network, known as the gut-brain axis or what we refer to as the GBX.

You can now DO something NATURALLY to improve your mental, as well as overall wellness.

Inquire about a scientific break-through Amare supplements offered at Dental Healing Arts!



## amare FUNDAMENTALS PACK™

World's First Award-Winning Gut-Brain Axis Nutrition System



## MENTAESSENTIALS

Pure & Potent Daily Essential Nutrients



## MENTATHERAPEUTICS

All-Natural Support Solutions for Energy, Mood, Pain, and Sleep

"The information provided on this site is not intended as medical or dental advice and should not be interpreted as such. The intent is to provide as much scientific information as possible on different dental materials and aspects of dentistry where controversy exists and scientific clarification would be of benefit to patients, staff, dentists, physicians and scientists in making informed judgements. If you seek medical or dental advice, please consult with a health care professional. You must always exercise your own best judgement when using the services of any health care practitioner."